

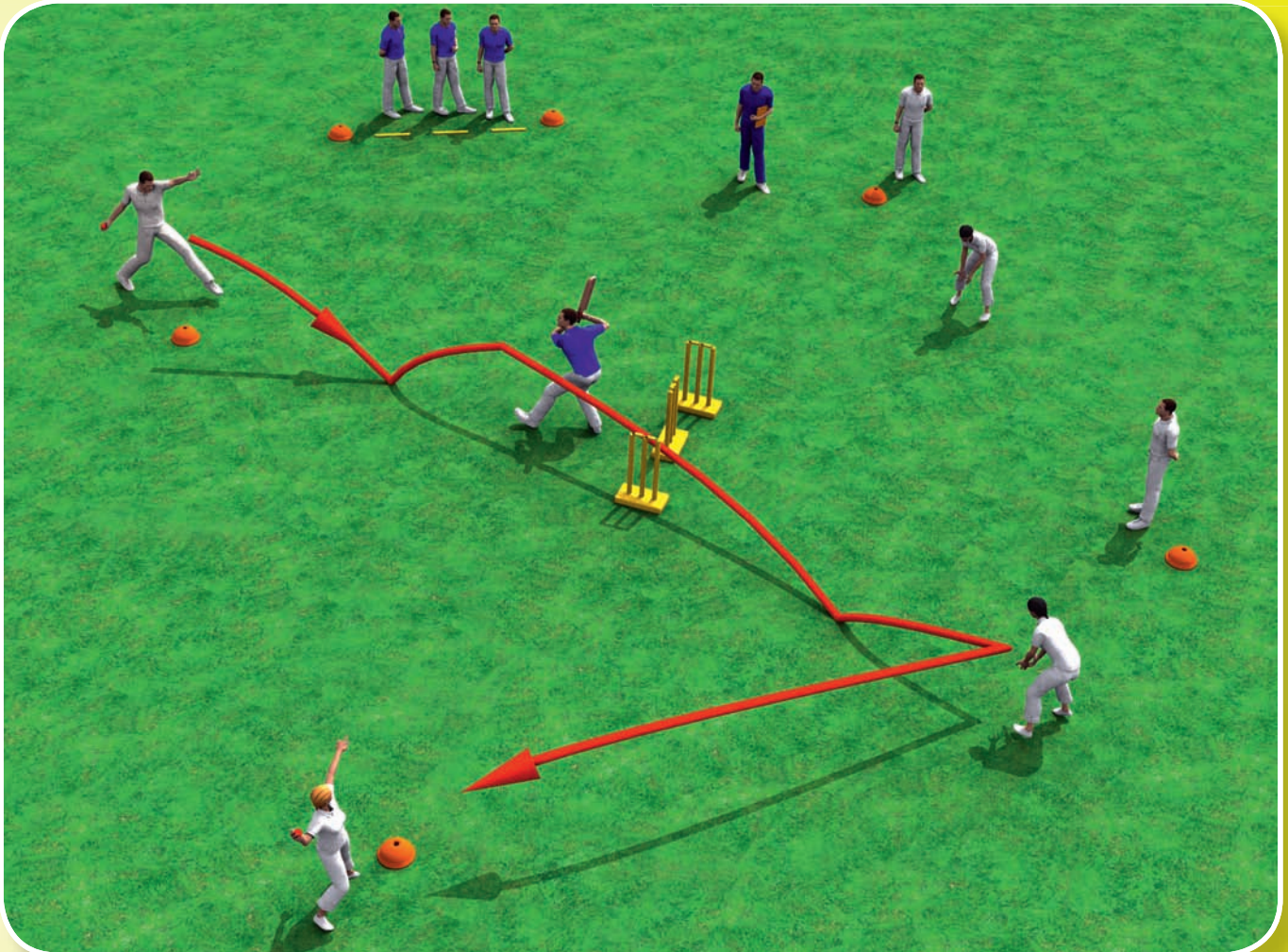
# Four Bowler Cricket

## EQUIPMENT:

- Three sets of stumps
- One ball
- One bat
- Four markers

## FOCUS / COACHING POINT:

- Watch the ball
- Agility and speed



## DESCRIPTION:

Select two teams of six players. Set up the three stumps positioned to face the four directions of bowling. The bowling team has four bowlers and two fielders. The batting team bats one at a time. Once the batter hits the ball they run around the marker the bowler bowled the ball from and return to the batting position (this scores one run). The ball is returned by the fielder to any of the bowlers who may bowl immediately, regardless of the batter returning to the stumps. Batters can only be out caught or bowled. Teams change over when all wickets have fallen.

## SAFETY NOTE:

Adjust lengths for bowlers as required and ensure the rest of the batting team are in a safe position.