

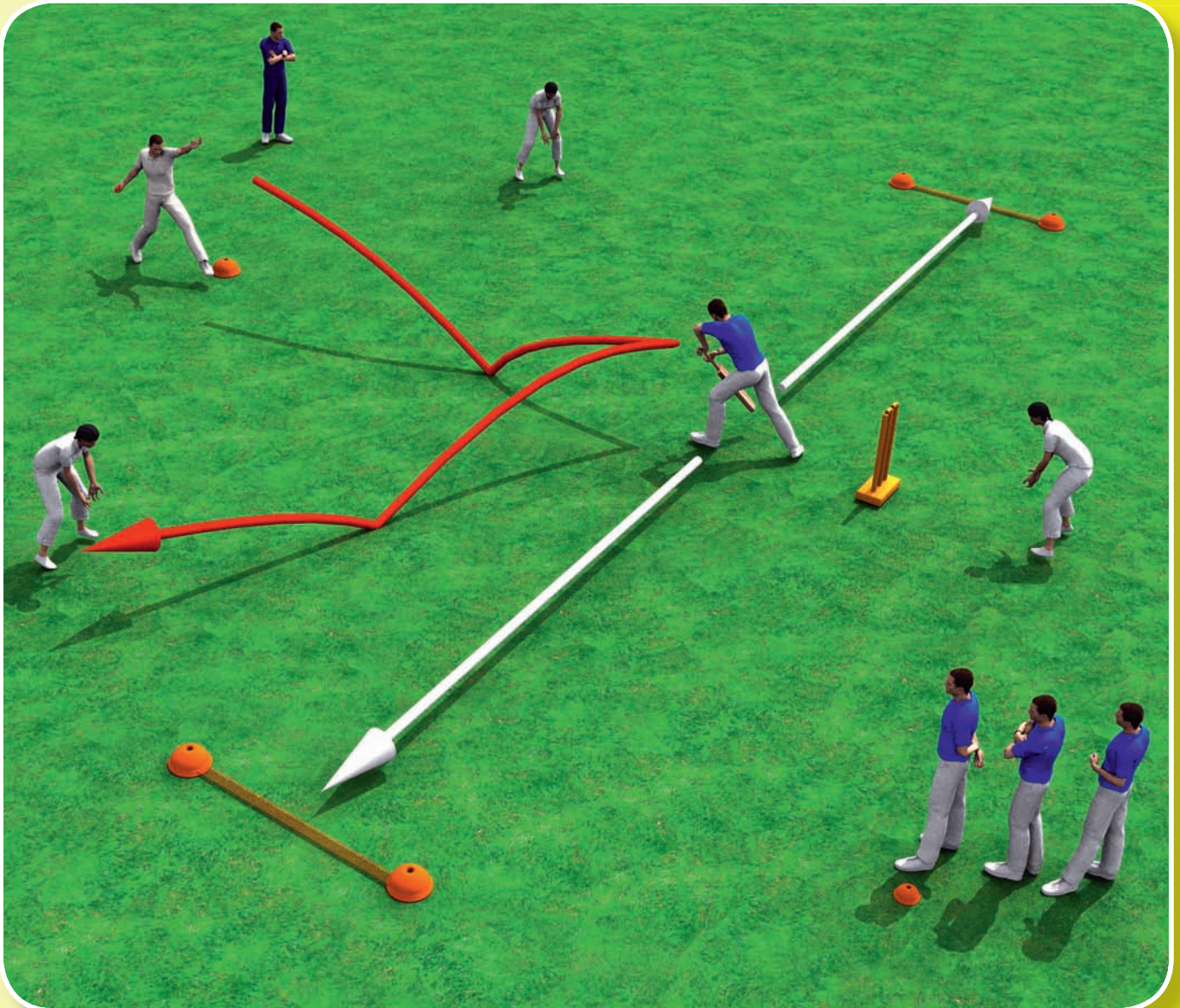
Continuous Cricket

EQUIPMENT:

- One set of stumps
- One ball
- One bat
- Four markers

FOCUS / COACHING POINT:

- Batters – placement
- Fielders – soft hands



DESCRIPTION:

The game can be played in teams or by having a fielder replace the batter when they have completed their run. The ball is bowled to the batter who hits the ball into the field of play and then runs around one of the markers. The batter can attempt to score more than one run if they want and can run past both markers, scoring a run each time they pass a marker. The fielders must return the ball to the bowler who can bowl the ball at anytime, regardless of whether the batter has completed a run or not. Batters can be out two ways – caught or if the bowler hits the stumps by bowling the ball (overarm or underarm). The umpire may retire a batter after he/she scores a pre-determined number of runs. Ensure fielders rotate their positions. If in teams, sides reverse roles after all players in team batting first have had a turn.