

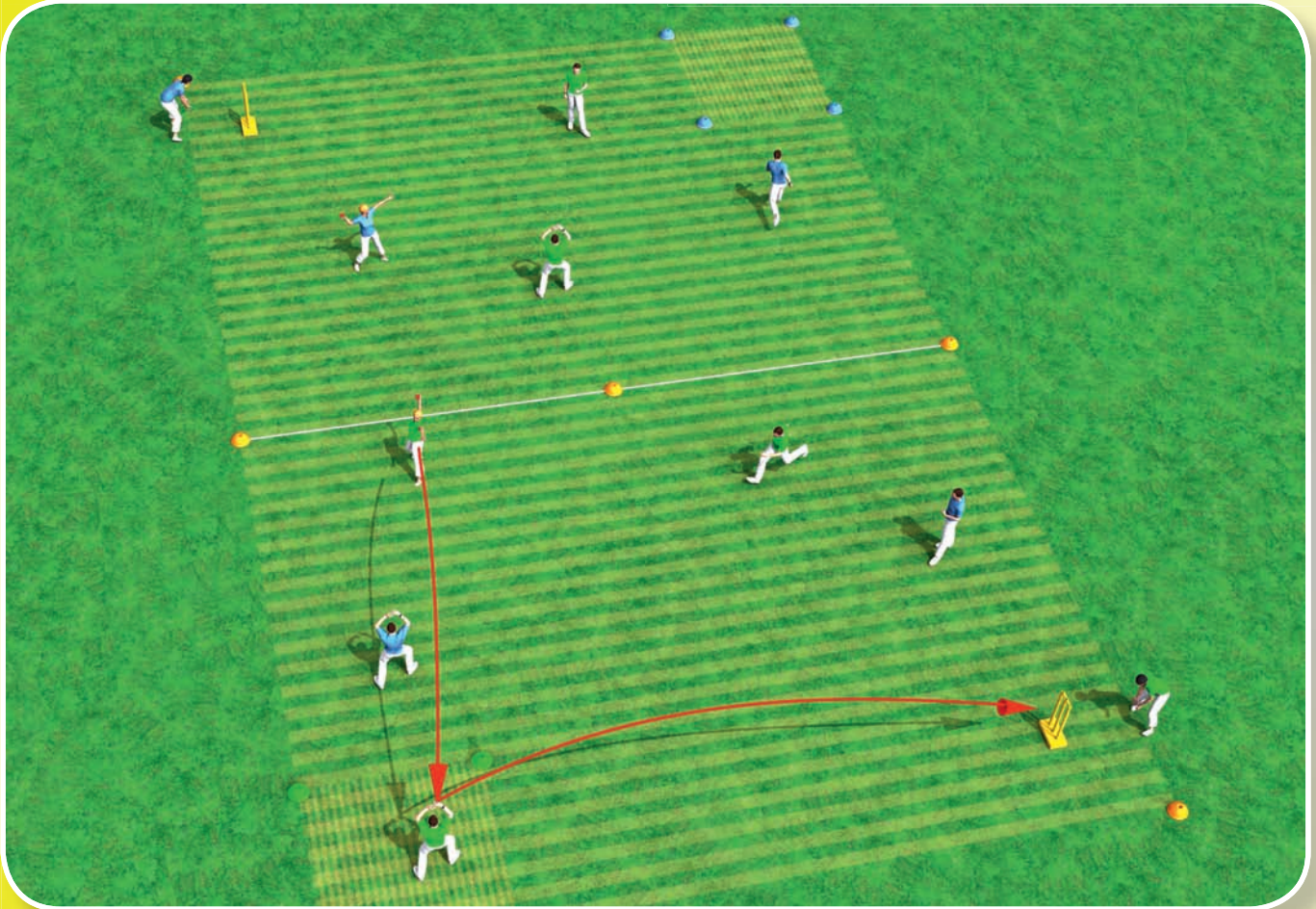
Bowler Goaler

EQUIPMENT:

- 12 markers
- One ball
- Two sets of stumps

FOCUS / COACHING POINT:

- Teamwork
- Bowling accuracy



DESCRIPTION:

Select two teams of six players. Mark out the playing area with four markers, designate 'Bowler Goaler' areas with three markers in one corner at each end of the playing area. Players in possession of the ball can take a maximum of five steps before attempting to pass to a teammate. If the ball hits the ground or is intercepted the opposing team takes possession. The object is to pass the ball to the 'Bowler Goaler' in the designated area (where no other players can enter) who then bowls, attempting to score one point by hitting the stumps. The ball cannot be intercepted once bowled until after it passes the stumps. If the stumps are hit a goal is scored and the ball is returned to the centre for the scoring team to restart the game. If the 'Bowler Goaler' misses the stumps the opposing team begins with the ball from the backline. NO contact is allowed.

NOTE:

Players can be designated as forwards, defenders etc. with restricted areas to reduce congestion.